

Gastrointestinal Disorders

Gastrointestinal health is paramount in functional medicine. Not only do we treat specific gastrointestinal diseases like Irritable Bowel Syndrome, Inflammatory Bowel Disease, food intolerances and Small Intestinal Bacterial Overgrowth, your gut is also involved in many other disease states. It produces 95% of the serotonin in your body which is essential for mood, sleep, digestion, nausea, wound healing, bone health, blood clotting and sexual desire. The gut also houses the largest immune system in the body and plays a role in autoimmune disorders and allergic conditions. Its metabolic function is comparable to the liver. There are several issues that occur in the gut that give rise to these disorders. We treat digestion and absorption difficulties, dysbiosis (too many bad bacteria) or loss of the beneficial organisms that live in the gut, inflammation of the gut, and increased intestinal permeability or “leaky” gut. We remove the offending agents, replace digestive enzymes, re inoculated the gut with healthy microbes, repair the damaged gastrointestinal cells and finally rebalance your lifestyle to promote digestion.

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